



**DAY 1** 4p..... Arrivals and Check-in  
 6-8p..... Evening Welcome Reception  
 8-9p ..... Intention Setting Meditation



**DAY 2** 7-8a ..... Morning Yoga & Meditation  
 8-9a ..... Breakfast  
 9a-12p ..... Meeting  
 12-1p ..... Lunch in Lazeaway or Private Dining  
 1-5p..... Meeting  
 5p..... Transportation to Off-Site Dinner  
 5:30-7:30p ..... Group Dinner  
 7:30p..... Transportation to Flamingo  
 8-9p..... Stargazing



**DAY 3** 7-8a ..... Morning Yoga & Meditation  
 8-9a ..... Breakfast  
 9a-12p ..... Departures