



served 6:30 am - 11:00 am daily

Eggs

Sonoma Sunrise \$10

Two farm fresh eggs, hash browns or home fries, toast and your choice of apple wood bacon, chicken apple sausage or grilled country ham

Seasonal Omelet \$12

Inspired by the very best of our surrounding farms, ranches and local artisan producers, served with toast, fruit cup or breakfast potatoes.

Flamingo Omelet \$12

Avocado, wild mushrooms, tomato, spinach, bacon, cheddar cheese, served with toast, fruit cup or breakfast potatoes

Classic Benedict \$12

English muffins, Canadian bacon, soft poached eggs, hollandaise, fruit cup or breakfast potatoes

Organic Egg White Omelet \$12

Bloomdale spinach, Sonoma mushrooms, roasted red peppers, cheddar cheese, served with toast, fruit cup, or breakfast potatoes

Spinach and Mushroom Frittata \$12

Local mushrooms, bloomdale spinach, three cheese blend, fruit cup, choice of toast

Fit & Light

Flamingo Porridge \$9

Steel cut oats, quinoa, chia seeds & toasted barley, seasonal fruit compote and house-made Flamingo granola

Greek Yogurt Parfait \$8

Lemon-vanilla Greek yogurt, house made granola, local berries

Classics

North Coast Smoked Salmon \$11

Toasted bagels, cream cheese, red onion, capers, lemon, fruit cup

Two Buttermilk or Blueberry Pancakes \$12

Whipped butter and maple syrup

Biscuits and Gravy \$11

Choice of one item: 2 eggs any style, home fries or hash browns

Belgium Waffles \$12

Caramelized bananas, candied pecans, cinnamon cream, maple syrup

Chorizo and Egg Burrito \$12

House made chorizo, home fries, salsa fresca, sour cream, fruit cup

Brioche French Toast \$12

Fruit compote, cinnamon Butter and maple syrup

Sides

local fruit or honey yogurt \$4

apple wood bacon, grilled country ham or chicken apple sausage \$5

hash browns or home fries \$4

Two eggs any style \$3

toasted bagel & cream cheese or toast with butter & jam \$3

Coffeehouse & Beverages

artisan coffee (regular or decaf) \$3 | single or double espresso \$4/\$5 | latte or cappuccino \$4

fresh brewed tea \$2.5 | milk \$3

fresh juice - orange, cranberry, apple, grapefruit or tomato, V8 \$3

taxed 18% service charge added to parties 8+ - split items to separate plates \$3 - will split checks up to 3 ways

Breakfast